



17^{ECO} GESTURES

TO PROTECT OUR ISLANDS !

AT SEA

- Do not abandon your waste
- Anchor your boat in a **sandy area** or on an **eco-anchorage**
- Do not touch or take anything (animals, plants and minerals)
- Use an **eco-friendly sunscreen**
- Recreational fishing : **respect the regulations** (authorized species, seasonality, minimum size/weight, number of catches...)



IN EVERYDAY LIFE

Reduce your carbon footprint to limit climate change

- Follow a **plant-based diet**, in **healthy proportions** and **without food wastage**
- Prioritize **second-hand** clothes
- Keep your **electronic devices** for **at least 7 years**
- Keep your **car as long as possible** and **carpool** as much as possible
- **Avoid flying for leisure**
- Reduce your **water consumption**



ASHORE

- Reduce your consumption of seafood products
- Avoid imported seafood products: prioritize **local products** from a **sustainable fishing method** (e.g.: line)
- Favour **local** and **organic agriculture**
- Avoid **packaging** and **single-use products** (plastic)
- Do not use **pesticides** in your garden or **chemical products at home**
- **Donate** or **participate in actions** within organizations or local projects in favor of the environment

